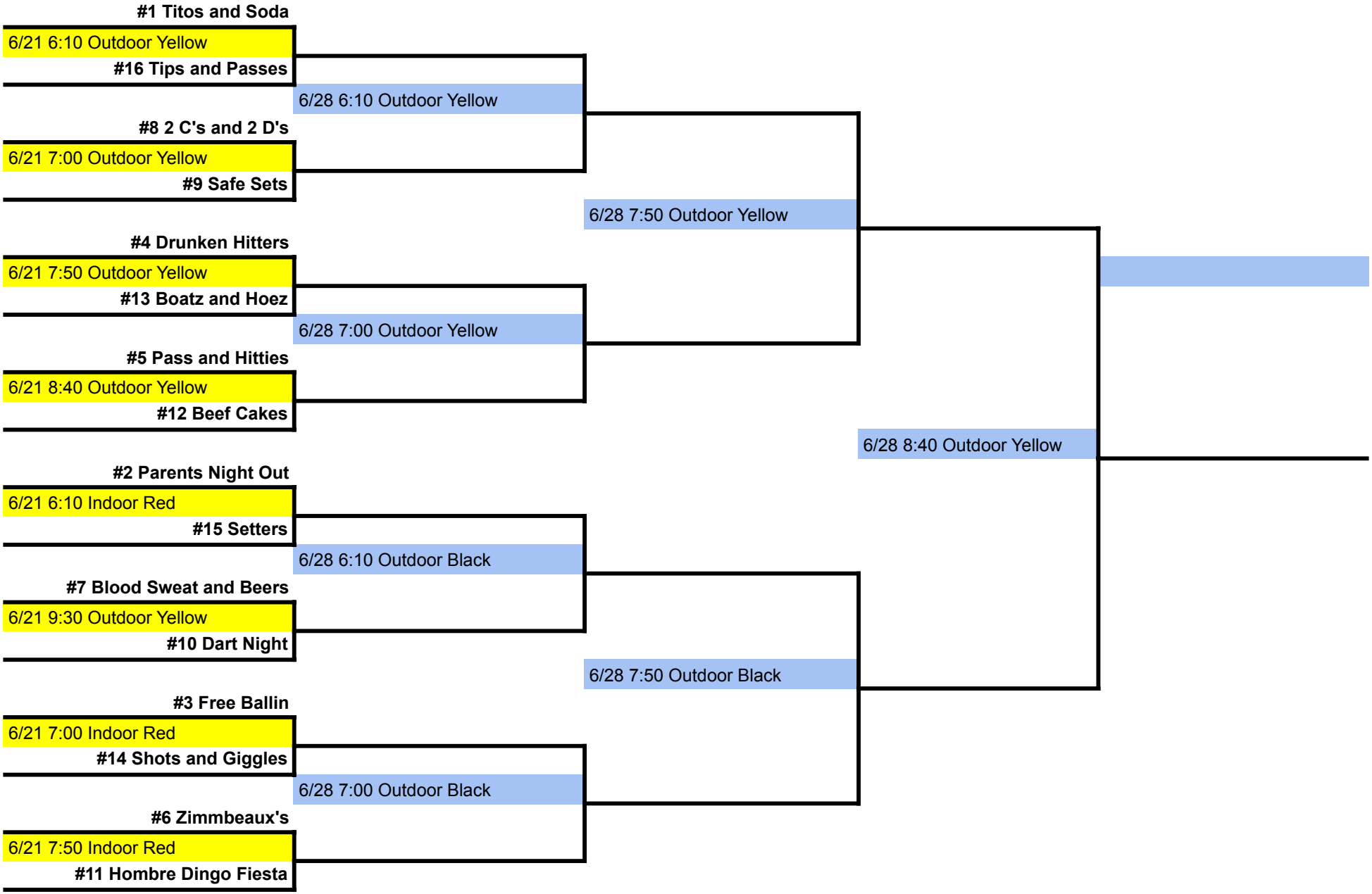FRIDAY C QUADS (6/21 & 6/28)