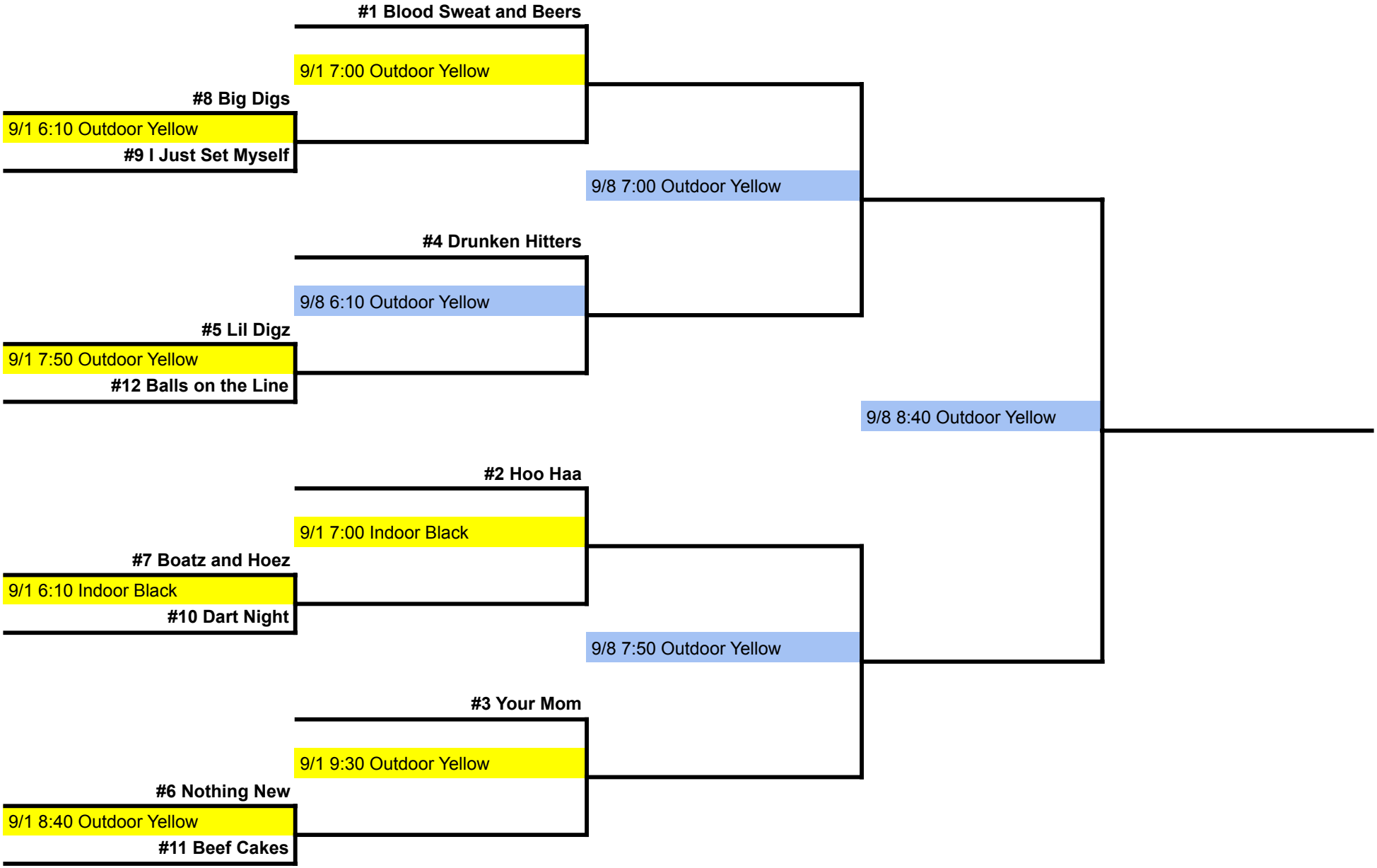FRIDAY C QUADS (9/1 & 9/8)